

# STUDENT CRISIS RESPONSE

Use this guide to identify the best resource to support students in crisis or needing mental health support.



## COUNSELING SERVICES

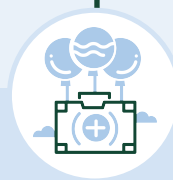
805-756-2511

### Contact when...

- ✓ Situation is stable and student poses no imminent danger to self or others.
- ✓ Student has thoughts of harm to self or others.
- ✓ Student is interested in additional support, including safety planning and resources.
- ✓ You are unsure of what support is needed.

### Tell the student...

“The Crisis Line is available to support them 24/7 and in person and virtual services are available M-F 8:30 a.m. - 4:30 p.m.”



## SLO County MENTAL HEALTH EVALUATION TEAM

800-838-1381

### Contact when...

- ✓ Student is in visible distress, but no active danger is present.
- ✓ Student is expressing strong suicidal thoughts.
- ✓ Student has a plan to end their life.
- ✓ Student may qualify for an involuntary mental health hold (unable to care for self, intensifying thoughts of suicide or homicide with plan and intention).

### Tell the student...

“Whenever MHET is contacted, CPPD is informed but does not typically accompany response.”



## CAL POLY POLICE (CPPD)

911/ 805-756-2281

### Contact when...

- ✓ Situation poses imminent danger for student or community; intensifying suicidal or homicidal thoughts.
- ✓ Weapons are present.
- ✓ Student is displaying aggression or hostility.
- ✓ Student is intoxicated and unable to care for themselves.
- ✓ Student has medical concerns.

### Tell the student...

“The police have been contacted and they are responding.”