

# CAL POLY 1ST GEN

PSY 251: LABORATORY IN GROUP ACTIVITIES

## BIPOC First Generation College Students Dialogue

- ☑ Explore your identities and experiences in a supportive environment.
- ☑ **Connect** with **peers, mentors, and professionals** who share similar backgrounds.
- ☑ Learn new **skills** to manage stressors unique to your experiences.
- ☑ Discover your **strengths, personal attributes, power, and resources!**

Interested? Scan QR code or follow this link:

[tinyurl.com/4vy5xzca](https://tinyurl.com/4vy5xzca)

Questions? Email: [acabezas@calpoly.edu](mailto:acabezas@calpoly.edu)



**CAL POLY**  
Campus Health  
& Wellbeing